

APRIL 2024

Mingus Union High School

BREAKFAST



Meal Prices:

Breakfast
Lunch

Students

\$1.50
\$3.00

Adults

\$3.00
\$5.00



Nutrition Tip: Make Fruit More Appealing. Make a fruit smoothie by blending fat-free or low-fat milk or yogurt with fresh or frozen fruit. Try bananas, peaches, strawberries, or other berries.



MONDAY

April Fool's Day

1

**NO
SCHOOL**

TUESDAY

Fresh Baked Cinnamon Roll

2

Banana Chocolate
Chunk Breakfast Bar

WEDNESDAY

Banana Bread

3

Assorted Muffins

THURSDAY

Biscuits & Gravy

4

Super Donut

FRIDAY

Fresh Baked Cinnamon Roll

5

Banana Chocolate
Chunk Breakfast Bar

Homemade Breakfast Burrito

8

Whole Wheat Pancakes

Fresh Baked Cinnamon Roll

9

Banana Chocolate
Chunk Breakfast Bar

Banana Bread

10

Assorted Muffins

Biscuits & Gravy

11

Super Donut

Fresh Baked Cinnamon Roll

12

Banana Chocolate
Chunk Breakfast Bar

Homemade Breakfast Burrito

15

Whole Wheat Pancakes

Fresh Baked Cinnamon Roll

16

Banana Chocolate
Chunk Breakfast Bar

Banana Bread

17

Assorted Muffins

Biscuits & Gravy

18

Super Donut

Fresh Baked Cinnamon Roll

19

Banana Chocolate
Chunk Breakfast Bar

Homemade Breakfast Burrito

22

Whole Wheat Pancakes

Fresh Baked Cinnamon Roll

23

Banana Chocolate
Chunk Breakfast Bar

Banana Bread

24

Assorted Muffins

Biscuits & Gravy

25

Super Donut

Fresh Baked Cinnamon Roll

26

Banana Chocolate
Chunk Breakfast Bar

Homemade Breakfast Burrito

29

Whole Wheat Pancakes

Fresh Baked Cinnamon Roll

30

Banana Chocolate
Chunk Breakfast Bar

Offered Daily:

Assorted Fresh & Canned Fruits
100% Juice
1% White Milk
Fat Free Chocolate Milk

Additional Entrees

Offered Daily:
Yogurt
Uncrustable PBJ
Cereal
String Cheese

