

Breakfast: \$1.50 Reduced: \$.30 Adults \$ 2.75
 Lunch: \$2.90 Reduced: \$.40 Adults \$4.60

MUHS Café 2023-24

JANUARY 2023

BREAKFAST



"MENU SUBJECT TO CHANGE"
ALL BREAD AND TORTILLAS ARE 50% WHOLE GRAIN
ENTRÉE SERVED ON AVAILABILITY FIRST COME

LUNCH

Monday	Tuesday:	Wednesday	Thursday:	Friday:
2.	3.	4.	5.	6.
	Cheeseburgers Sweet potato fries Or Hot spicy chicken Cheeseburger Sweet potato fries	Little Caesars Pizza carrots & celery sticks Ranch Or Cheeseburger Bk Chips Side kicks	Orange chicken WG Fried Rice Or Bean & Cheese burritos	Mini corn dogs Mac & Cheese diced carrots or Big Daddy Pizza Diced Carrots
9.	10.	11.	12.	13.
Chicken Nuggets, corn fries Diced carrots WG Roll or Spicy Chicken Cheeseburger Fries Diced Carrots	Beef Tacos side of Beans or Chicken Cheeseburger Chips	Little Caesars Pizza Carrots & Ranch Or Cheeseburger Bk Chips	Spaghetti & meat sauce Or Bean & Cheese Burrito	Hot Dogs Baked beans Or Pizza & Steamed Carrots
16.	17.	18.	19.	20.
No School 	Beef Nachos & beans & Cheese sidekicks, Chicken Cheeseburger Sweet Potato Fries	Little Caesars pizza carrots & celery Ranch Or Cheeseburger Bk Chips Side kicks	BBQ Rib on bun Fries Or Bean Cheese Burrito	Grilled Cheese Sandwich tomato soup Or Pizza & Steamed Carrots
23.	24.	25.	26.	27.
Popcorn chicken Bowls & corn Or Spicy chicken Cheeseburger	Beef Tacos side of Beans or Chicken Cheeseburger Chips	Little Caesars Pizza Carrots & Ranch Or Cheeseburger Bk Chips	Chicken Alfredo Green Beans Or Bean Cheese Burrito	Pizza Sticks Dipping sauce Steamed carrots Spicy chicken cheeseburger
30.	31.	1.	2.	3.
Chicken Fritters fries, green beans Wg Roll Spicy chicken Cheeseburger fries Green beans	Beef Nachos & beans & Cheese sidekicks, Chicken Cheeseburger Sweet Potato Fries	Little Caesars Pizza Carrots & Ranch Or Cheeseburger Bk Chips	Orange chicken WG Fried Rice Or Bean & Cheese burritos	Sloppy Joes Bk chips or Pizza carrot sticks

Monday: Breakfast pizza -OR- Honey bun

 Tuesday: Sausage Cheese Egg McMuffin or Donut Bites

 Wednesday: Pancakes on stick & Syrup or Muffin

 Thursday: BISCUITS & GRAVY Or Honey Bun

 Friday: CHORIZO & EGGS WG Tortilla or Donut Bites

 Hot coco with your breakfast
 Offer Daily @ Breakfast
 Cereal's, yogurts, fresh fruit,
 100% Juice

All burgers and Sandwiches or Subs
 come with Lettuce, Tomatoes, Pickles
 spears and you must take a fruit or
 vegetable with all your meals or side
 kick

Daily SALADS BAR & FRUITBAR



Daily Peanut Butter & Jelly SANDWICHES



Dairy

MILK & WATER AVAILABLE DAILY
 1% White FF CHOCOLATE
 FF STRAWBERRY

'This institution is an equal opportunity Provider.