

Breakfast: \$1.50    Reduced: \$.30    Adults \$ 2.75  
 Lunch: \$2.90    Reduced: \$.40    Adults \$4.60

MUHS Café 2022-23

## BREAKFAST



*"MENU SUBJECT TO CHANGE"*  
*ALL BREAD AND TORTILLAS ARE 50% WHOLE GRAIN*  
*ENTRÉE SERVED ON AVAILABILITY FIRST COME*

Monday: Pancakes & Scrambled Egg Syrup

Tuesday: Sausage Cheese Egg McMuffin

Wednesday: French Toast Sticks & Syrup

Thursday: BISCUITS & GRAVY

Friday: CHORIZO & EGGS WG Tortilla

Offer Daily @ Breakfast  
 Cereal's, yogurts, fresh fruit,  
 100% Juice

**All burgers and Sandwiches or Subs**  
 come with Lettuce, Tomatoes,  
 Pickles spears and you must take a  
 fruit or vegetable with all your  
 meals

Daily SALADS BAR & FRUITBAR



Daily Peanut Butter & Jelly SANDWICHES



Dairy

MILK & WATER AVAILABLE DAILY  
 1% White    FF CHOCOLATE  
 FF STRAWBERRY

## LUNCH

| Monday   | Tuesday:  | Wednesday   | Thursday:   | Friday:   |
|--|---|---|---|---|
| 3.   | 4.  | 5.  | 6.  | 7.  |
| Hot spicy<br>Chicken<br>cheeseburger<br>Hash browns,<br>Pizza & carrots<br>sidekicks   | Soft beef tacos<br>Pinto Beans<br>Chicken cheese<br>Burger sweet<br>potato fries                    | Little Caesars<br>pizza Carrots<br>ranch<br>cheeseburger<br>bk chips side<br>side kicks           | Spaghetti & Green<br>beans, Wg roll<br>sidekicks,<br>Bean & cheese<br>burrito                       | Mini Corn dogs,<br>Fries BBQ Beans<br>Pizza side salad<br>Fresh fruit                             |
| 10.  | 11.   | 12.   | 13.   | 14.   |
|    |                    |                  |                    |                 |
| 17.  | 18.   | 19.   | 20.   | 21.   |
| Oven baked<br>chicken, Wg Roll<br>Mashed potatoes<br>Mix vegetables<br>Or<br>Spicy chicken<br>cheeseburger<br>Mix veggie<br>sidekick | Nachos Grande<br>Beef & Beans &<br>Cheese<br>Or<br>Chicken<br>Cheeseburger<br>Sweet potato<br>fries | Little Caesars<br>pizza carrots &<br>celery Ranch<br>Or<br>Cheeseburger<br>Bk Chips<br>side kicks | Macaroni cheese<br>popcorn chicken<br>bowl, or<br>Steamed carrots<br>Chili bean &<br>cheese Burrito | Turkey & cheese<br>subs lettuce and<br>tomatoes WG Sun<br>Chips<br>Pizza & carrots<br>Fresh fruit |
| 24.  | 25.   | 26.   | 27.   | 28.   |
| Chicken strips<br>Fries, WG Roll<br>Or<br>Spicy Chicken<br>Cheeseburger  | Beef Tacos<br>Side of Beans<br>Or<br>Chicken<br>Cheeseburger<br>Sweet Potato Fries                  | Little Caesars<br>Pizza Carrots<br>& Ranch<br>Cheeseburger<br>Bk Chips                            | Orange Chicken<br>WG Fried Rice<br>or Bean Cheese<br>Burritos                                       | Pizza sticks<br>marinara sauce<br>Peach cups<br>Cheeseburger bk<br>chips peach cup                |
| 31.  |                  |   |   |   |
| Chicken Nuggets<br>Tater Tots WG Roll<br>Green Beans<br>Or<br>Spicy Chicken<br>Cheeseburger chips                                    |   |   |   |   |

'This institution is an equal opportunity Provider.

Milk Served with all meals\*\*\* Juice is offered with Breakfast