



SEPTEMBER 2024

Mingus Union High School

Monday, Friday: 11:50 AM – 12:25 PM

Tuesday, Thursday: 11:50 AM – 12:35 PM

Wednesday: 11:50 AM – 12:45 PM

Monday	Tuesday	Wednesday	Thursday	Friday
NO SCHOOL ²	Beefy Nachos w/ Refried Beans, Lettuce and Tomato ³	Corn Dog w/ Curly Fries ⁴	Teriyaki Chicken Rice Bowl w/ Broccoli and Cauliflower ⁵	French Bread Cheese Pizza w/ Celery and Carrots ⁶
Popcorn Chicken Mashed Potato Bowl w/ Whole Grain Roll, Mixed Veggies ⁹	Cheesy Lasagna Roll Up w/ Whole Grain Roll, Green Beans ¹⁰	Macaroni and Cheese w/ Soft Pretzel ¹¹	HALF DAY ¹²	HALF DAY ¹³
BBQ or Buffalo Chicken Wings w/ Whole Grain Roll, Celery and Carrots ¹⁶	Green Chili Enchiladas w/ Refried Beans, Lettuce and Tomato ¹⁷	BBQ Pork Rib Sandwich w/ Waffle Fries ¹⁸	Orange Chicken Rice Bowl w/ Broccoli and Cauliflower ¹⁹	Cheese Stuffed Breadsticks w/ Dipping Sauce ²⁰
Chicken Nuggets w/ Whole Grain Roll Mixed Veggies ²³	Doritos Walking Taco w/ Refried Beans, Lettuce and Tomato ²⁴	All Beef Hotdog w/ Tater Tots ²⁵	Chicken Eggrolls w/ Veg Fried Rice, Broccoli and Cauliflower ²⁶	Pepperoni or Cheese Pizza w/ Celery and Carrots ²⁷
Popcorn Chicken Mashed Potato Bowl w/ Whole Grain Roll, Mixed Veggies ³⁰				



Students: \$3.00 / Adults: \$5.00 / Alternative and Vegetarian Options Available Daily / All Breakfast Meals Served with Fresh Fruit and Milk
 Alternative Meals: Grilled Cheese, Uncrustable, Hamburger or Cheeseburger, Spicy or Crispy Chicken Sandwich, Bean and Cheese Burrito
 Salad Bar is free and open to all students during Lunch Period